

The Dangers of Puddle Jumpers and Arm Floaties

Why Do Puddle Jumpers (and Arm Floaties) Put Children at Risk?

1

Create a False Sense of Security

Children overestimate their ability in the water and believe puddle jumpers will always keep them afloat. They think they can swim and may get in the pool without the puddle jumper.

Adults can rely too much on puddle jumpers and treat them as a replacement for vigilant supervision.

3

What Can You Do Instead?

There is no replacement for constant adult supervision anytime children are in or around water.

However, teaching children to maintain buoyancy and float on their backs is the number one thing you can do to keep them safe.

2

Teach Incorrect Swimming Posture

Puddle jumpers put children in a vertical position – head up, arms out, feet down – where they learn to rely on a dangerously ineffective “bicycling” motion.

This vertical position is the drowning position.

4

Survival Skills at Texas Swim Academy

At Texas Swim Academy, we teach children as young as 6 months old the skills they need to survive in the water.



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Knowing How to Swim is a Life-saving Skill!

An early beginning now is the best possible foundation for a lifetime of fun and safety.



Contact Us Today To See Which One Of Our Programs Is Right For Your Child!

Texas Swim Academy

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