

POOL PARTY *** *Preparedness*



Drowning is the leading cause of unintentional death in children aged 1 to 4 in the United States.



Texas has one of the highest drowning rates between Memorial Day Weekend and Labor Day Weekend.



The more adults present, the more likely an aquatic accident will occur due to being distracted or preoccupied.



Floaties and puddle jumpers do not provide safety in the water, in fact, they can cause an adverse affect and do more harm than good.

1

Enroll in quality swim lessons.

Give your child the lifesaving skills necessary should an aquatic accident occur. By enrolling in quality swim lessons, they'll learn how to surface, roll-back-to-float position and breath, and get to a wall, ladder or stairs for safety.



2

Supervision is vital.

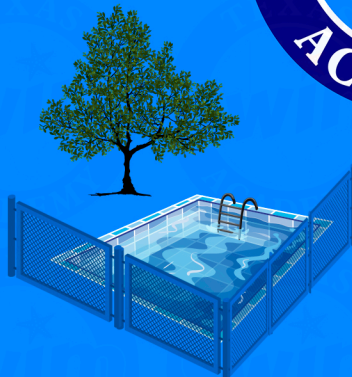
Designate a Water Watcher. This person is responsible for actively watching when children are in the pool.



3

Barriers are a must.

Whether it's a fence or a pool or hot tub cover, an extra layer of protection should be in place to help prevent access to bodies of water.



4

Emergency Preparedness.

In the event an accident occurs, you should know how to perform CPR until medical help arrives.



Swimming lessons save lives.

Texas Swim Academy

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