

SURVIVAL SWIM LESSONS

What It Means To Your Family

DROWNING is the #1 cause of injury-related death for children between the ages of 1 and 4!

Children who had formal swim lessons are 88 percent **LESS LIKELY** to have an aquatic accident.
(source National Drowning Prevention Alliance)

WHAT ARE SURVIVAL SWIM LESSONS?

Survival swim lessons equip your child with the necessary skills to survive in the water, providing them with the ability to:

1 Surface

2 Roll-back-to-float position and breathe

3 Swim to wall



SURVIVAL SWIM LESSONS can begin with children as young as 6 months old.

DOES THE AMERICAN ACADEMY OF PEDIATRICS AGREE?

Due to a mounting pile of evidence throughout the years, the American Academy of Pediatrics now recommends children begin water competency swimming lessons around 1 years old.



Swimming Lessons Save Lives.

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