

TEXAS SWIM ACADEMY

Layers of Protection

Follow These 6 Essential Tips to Keep Your Child Safe!

TIP 1



Stay Close

Never leave a child alone near water, even for a few seconds.

TIP 2



Adult Supervision

Designate at least one adult "water watcher" at all times. If you're with a group, have adults take turns.

TIP 3



Survival Swimming

Teach kids survival swimming skills. Including an independent swim and roll to back float.

TIP 4



Barriers

Swimming pools should have fences, alarms, and drains that meet regulations.

TIP 5



Safety Equipment

Keep reaching and throwing aids near a swimming pool.

TIP 6



CPR

Parents and child caregivers should know how to perform rescue techniques and strategies to respond in an emergency. If a child is missing, check the pool first.



Texas Swim Academy

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