

DRY DROWNING

The Dangerous Myth

MYTH:

There are different “types” of drowning. **WRONG.**
There is only drowning with three possible outcomes.

1

Fatal

2

Non-Fatal

3

Non-Fatal with Injury

TRUTH:

Drowning is the process of experiencing respiratory impairment from submersion/immersion in liquid.

WHAT DOES THIS MEAN?

Designate a Water Guardian anytime kids have access to water, even when NOT swimming. Drowning prevention requires active supervision at all times while children or vulnerable swimmers are in or around water.



EVEN MORE IMPORTANT

Swimming lessons and survival float skills are the best proactive steps you can take to prevent drowning.



Swimming Lessons Save Lives.

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